

噶本杂威基比打那梭哈

(持诵越多层次好)

嘉钦雍登大力五部众
噶作伦念内外中斯除 四种事业无碍速显

(持诵时，更加地想念您所需求之帮助)
简短多杰雄登修持法：

OM BENZA WIKI BITANA SOHA

Mantra: (Recite as many times as possible, any time, anywhere)

To the Dharmapala and entourage, I bow down.
○ Powerful Dorje Shugden's five families,
○ Outer and inner obscurations are dispelled,
○ Just recollecting you for an instant,

(recite while thinking strongly of the help you need)

Dorje Shugden
Short Meditation on

Who is Dorje Shugden?

An emanation of Manjushri, the enlightened Being of Wisdom, who watches over us like a guardian angel, granting us much protection and blessings.

Dorje Shugden has been worshipped for over 350 years by some of the most renowned spiritual masters in the world. His practice is very well known for removing obstacles, protecting us and our loved ones, and fulfilling our wishes quickly.

谁是多杰雄登？

祂是文殊菩萨的化身，即是智慧觉者。祂是一名得道大师化现为守护使者赐予我们庇佑及加持。

多杰雄登被世界上一些最著名的宗教大师修持已超过350年。众所周知，祂的持修法不但帮助我们消除障碍，并保护我们及至亲，迅速实现我们的愿望。

For more information, visit www.dorjeshugden.com
欲了解更多信息，请游览 www.xiongdeng.com

咒语：

Keep this card. 保留此卡。

不但受到崇高的护佑而且让我们拥有清晰的思维及和谐的生活。
真正的和平是从个人及内在的心灵平静开始，是我们每个人所能达到的。

它可以在哪里找到呢？

它在哪里？

但我们可以找到它吗？

寻求永恒的心灵平静及快乐。

唯一可把世界上每一个人都团结起来的就是只有

protection, blessings, harmony and clarity to our lives.

This simple practice will bring the highest level of

can bring us one step closer to achieving supreme happiness.

an ascended master of wisdom and peace,

The ancient practice of Dorje Shugden,

which is definitely attainable.

Real peace begins with inner, personal peace,

AND IS IT ATTAINABLE?

WHERE IS IT?

BUT HOW CAN WE FIND IT?

THE ONE THING THAT UNITES EVERY

SINGLE ONE OF US IN THE WORLD IS

THE SEARCH FOR LASTING PEACE AND HAPPINESS.



快乐的古老禅修
朝向心灵平静和

AN
ANCIENT MEDITATION
FOR
PEACE & WELLNESS